



March 15th – 25th, 2018

Depart D.C. on the 15th, Arrive to Mexico on the 15th, & Return to D.C. departing from Mexico on the morning of the 25th

Trip Cost: **\$1,900 + Airfare**

If you are interested in experiencing a life-changing, difference-making trip to Mexico's Yucatan Peninsula - then this trip is for you. As you prepare academically for the public and community health profession, are you ready for personal transformation - to be stretched, challenged, and changed? Our LU Send health course and assignments are based on community health evangelism - fertile ground for the transformative work of the Holy Spirit that will stretch you in every way: physically, emotionally, cognitively, and spiritually. Enhance your personal cultural competency and learn about culturally and linguistically appropriate health promotion and services by engaging in Kingdom work -serving and immersing in the local community of Cuna Maya in the state of Quintana Roo. Develop your Spanish language abilities and the health-related vocabulary/terminology necessary to communicate with Spanish speakers with limited English proficiency as you fulfill the Great Commission.

FINANCES

- \$1,900 Includes:
 - o Lodging
 - o Transportation In-Country
 - o Touring (Fees & Tips)
 - o 24/7 Tour Director
 - o All Meals
 - o Travel Insurance
 - o Administrative Fee
 - o Roundtrip Transportation to Dulles from Lynchburg
- Trip price does **NOT** include:
 - o **Course Credit & Fees**
 - o Meals in Transit
 - o Souvenirs
 - o Stateside Transit to/from D.C. if meeting team in D.C.
 - o Passport/Visa Costs
 - o Airfare (Purchased at a later date. You will be contacted with the price as soon as it is purchased.)

ACADEMIC ENRICHMENT

- Enroll in one of the following courses along with the trip to **enhance learning opportunities**. Course will still include **pre and post work** in conjunction with the trip.
 - HLTH 497 – 3 Credits
 - HLTH 420 – 2 Credits
 - HLTH 452; 554 – 3 Credits
 - CSER
- *Please remember that taking a course is a requirement for going on the trip!*

ENGAGEMENT OPPORTUNITIES

- This trip will provide a unique opportunity to intentionally use what you are learning in Public and Community Health to serve the people of Mexico. You will partner with longtime providers to engage in and serve many local communities.
- You will also be immersed into the culture by seeing some of the sights and sounds of Mexico and developing friendships among nationals.

MAJOR CITIES/LOCATIONS

- **Cancun**
- **Yucatan Peninsula**
- **Cuna Maya**
- **Ciudad Alegria**

KEY SIGHTS & ACTIVITIES

- Visit local health sites
- Playa del Carmen
- Visit Universidad Caribe
- Maya Museum
- Attend a bilingual church
- **& More!**

ITINERARY DISCLAIMER

Final itinerary will be sent closer to departure. LU Send works closely w/ the Tour Provider and Professors to provide the best tour possible, **however the itinerary is subject to change** due to risk considerations, scheduling conflicts, etc.

TRAINING & TEAM MEETINGS

- As part of the LU Send experience, if you **live in Lynchburg***, you will be expected to attend anywhere from **3 – 8 pre-trip meetings**. These gatherings will give opportunity to **meet your professors** and **other leaders**, as well as **other travelers**. You will also work through some short, basic training including topics such as **Cultural Intelligence, Safety & Health, and Gospel & Contextualization**. Exact details of meeting times and locations will be given once team is complete. **If you are outside of the Lynchburg area, you will be responsible for reviewing the information provided post-meeting/training.*

DIETARY CONSIDERATIONS

- Meals in Mexico generally consist of a variety of options, many of which are very fresh. **You can expect to see some of the following on menus:**
 - o Corn
 - o Beans
 - o Peppers
 - o Fruits & Vegetables
 - o Meats
 - o Cheeses
 - o & more!
- Please ensure LU Send is informed about specific dietary needs you may have prior to the trip.

PAYMENT DEADLINES

- THANK YOU for working diligently to **make your payments on time**. This will allow LU Send to make timely payments to airfare & tour providers!
\$200 – Due *within 2 weeks of approval*
\$600 – Due October 15th
\$600 – Due November 15th
\$600 – Due December 15th
\$599 – Due January 15th
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- \$2,599 – Total Paid**

TRAVEL CONSIDERATIONS

- Certain days could include anywhere from **5 – 10 miles of walking as well as hard, physical labor**
- Certain days may include extended time on the bus to travel to/from locations
- **No single rooms available**
- In addition to learning, engaging, and serving, **expect to have regular debrief meetings** with your leaders & teammates.

PARTICIPANT REQUIREMENTS

- *The Department of Public Health* welcomes all undergraduate and graduate students who will be enrolled in one of the course offerings at the time of the trip.
- Students of other majors considering CSER and other Assignment Replacement options are welcome but will be considered on a case-by-case basis.

AIRFARE

- The flight itinerary will be distributed closer to departure, upon ticketing.
- Projected Airline: United
- Projected Flight Itinerary: Itinerary will either be direct OR include one layover.

DO YOU HAVE ANY ADDITIONAL LOGISTICAL QUESTIONS?

Connect w/ your Professor or w/ LU Send (visit Green Hall 2500, call 434-592-6455, or email lusendinternational@liberty.edu)
