

# Travel Resources

Hawaii – FACS – Dr. Brown &  
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International Travel Insurance | Currency & Credit Cards  
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## MEALS

Maui's culinary scene is a melting pot of flavors, incorporating fresh seafood, locally sourced ingredients, and a mix of traditional Hawaiian and international influences. Whether indulging in a lū'au feast, enjoying a plate lunch, or savoring the simplicity of poke, Maui's cuisine is a true reflection of the island's diverse and vibrant culture.

## FOOD & DRINK SUGGESTIONS

- Fresh Seafood
- Poke Bowls
- Plate Lunch
- Lū'au Feasts
- Shaved Ice



\*We will try our best to provide a variety of food options for meals but cannot accommodate every dietary preference. For daily touring, it is highly encouraged to bring your own snacks if you believe you will get hungry during the day. Touring will be on a tight schedule, and it's always a good idea to have a snack if we find ourselves running overtime at lunch.

## FUN FACTS!

1. Haleakalā Summit: Maui is home to Haleakalā, a stunning volcano offering panoramic views, especially during sunrise.
2. Road to Hāna: The scenic drive along the eastern coast, with waterfalls and hairpin turns, is a must-do adventure.
3. Molokini Crater: Just off Maui's coast, Molokini is a popular spot for snorkeling and diving in clear waters.
4. Whale Watching: Maui is a premier destination for whale watching, with humpbacks migrating to warm waters annually.
5. Iao Valley: Iao Valley State Park boasts lush landscapes and the iconic Iao Needle.
6. Surfing in Paia: Paia on the North Shore is a renowned surfing capital with consistent waves.
7. Haleakalā Silversword: Haleakalā hosts the rare Haleakalā silversword plant, known for its unique appearance.
8. Lavender Farms: Explore picturesque lavender farms like Ali'i Kula for scenic views and vibrant blooms.
9. Paniolo Culture: Maui embraces paniolo (cowboy) culture, celebrated at events like the Makawao Rodeo.
10. Haleakalā Sunrise: Catching the sunrise at Haleakalā's summit is a breathtaking and popular experience.

## ADDITIONAL RESOURCES

**Lonely Planet** – A helpful guide to understanding culture, travel tips, and additional insights.

**Currency Converter** – Plan how much money you need to bring in US Currency.

**Passport Application** – Don't have a passport yet? Follow the U.S. Department of State's instructions for applying for a passport