

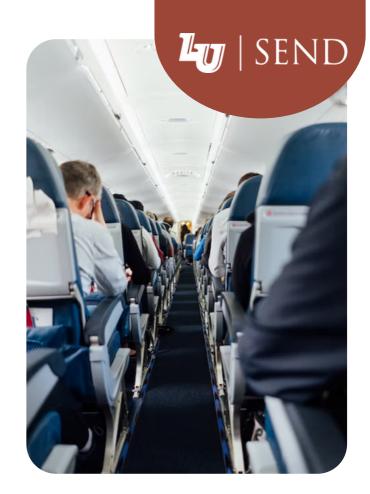
# Travel Resources

Türkiye and Greece **School of Divinity** 

International Travel Insurance | Currency & Credit Cards
VAT (Value Added Tax) | Cell Phone Usage | Meals | Internet Access |
Vaccinations Additional Resources | Fun Facts

# INTERNATIONAL TRAVEL INSURANCE

International travel insurance is included within your trip costs, covering you from May 14th, 2024 through May 27th, 2024. The policy is comprehensive in nature and is used throughout the University for all international travel. If you would like coverage for additional aspects of travel beyond what is highlighted in the policy, please feel free to purchase separate third party insurance as a supplement to what is already provided. For more information on your current coverage email LUSend@liberty.edu

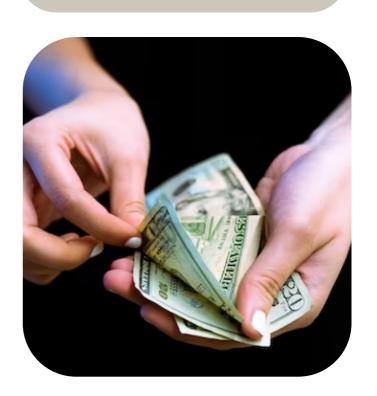


# "WHEREVER YOU GO BECOMES A PART OF YOU SOMEHOW."

- Anita Desai

## **CURRENCY & CREDIT CARDS**

The official currency of Greece is the Euro (€), represented by the symbol "€". The official currency of Turkey is the Turkish Lira (₺), represented by the symbol "₺". Major international credit cards are likely accepted in large cities. Local currency can be withdrawn at an ATM with a debit card, but fees will apply. Make sure to contact your bank a few weeks before departure to alert them to your international travel dates and locations. This will keep your cards active while abroad. Keep in mind that fees will be charged for international purchases. Contact your bank for these fees.

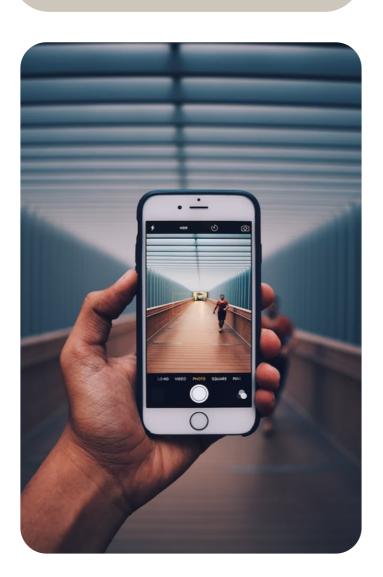


#### **VAT**

"VAT" stands for value-added tax. The tax is included in the price of the item, so the price you see is the price you pay. In Greece, the standard VAT rate is 24%. In Turkey, standard VAT is also 18%.

#### **CELL PHONE USAGE**

Most cell phone carriers have additional international packages that you can add on at a monthly or daily rate. Depending on the carrier, this can cost anywhere from \$10-\$40 and will provide limited text messages, data usage, and calling minutes.



### **INTERNET ACCESS**

Your hotels and bus may have access to the internet, however, keep in mind that unless you have purchased an international data plan for your phone, access to email, texting, and other Internet-based applications will be subject to Wi-fi availability.

#### **VACCINATIONS**

We recommend using resources such as the Center for Disease Control as you consult with your home doctor or other trusted medical sources, in order to make the best possible decision regarding your health. If you reside in the Central Virginia Region, below are local medical offices that you may consider consulting. Keep in mind some vaccinations require a minimum amount of time to take effect before entering another country. Communicate when and where you will be traveling.

Lynchburg Health Department (434) 947-6785 1900 Thomson Dr. Lynchburg, 24501

Rustburg Family Pharmacy (434) 332–1730 925 Village Hwy Suite B. Box 1005 Rustburg, VA 24588

Liberty University Health Center (434) 338-7774 Commons 3 1606 Regents Pkwy



#### **MEALS**

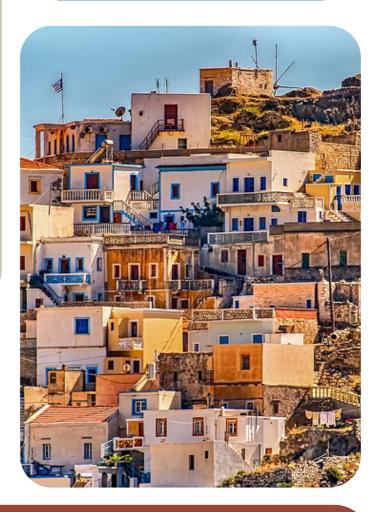
The overall Greek and Turkish cuisine is a celebration of flavors, simple yet rich, and reflects the country's diverse culinary traditions. Both Turkey and Greece offer a wide variety of regional dishes, and their cuisines are known for their use of fresh ingredients and bold flavors.

# FOOD & DRINK SUGGESTIONS

- Kebabs: Features grilled or skewered meats, such as lamb, beef, or chicken.
- Moussaka: A popular casserole dish made with layers of eggplant or potatoes, ground meat, and a creamy béchamel sauce.
- Dolmades: Grape leaves stuffed with rice and herbs.
- Baklava: A popular sweet pastry.
- Pilaf: Turkish rice dishes, often cooked with aromatic spices and served as a side dish.







\*We will try our best to provide a variety of food options for meals but cannot accommodate every dietary preference. For daily touring, it is highly encouraged to bring your own snacks if you believe you will get hungry during the day. Touring will be on a tight schedule, and it's always a good idea to have a snack if we find ourselves running overtime at lunch.

#### **FUN FACTS!**

#### Turkey:

- I. Grand Bazaar: Istanbul's Grand
  Bazaar is one of the largest and oldest
  covered markets globally, boasting
  thousands of shops.
- 2. Coffee Origins: Coffee was introduced to Europe via Turkey. Turkish coffee is known for its strong, dark brew.
- 3. Mount Ararat: Mount Ararat in eastern Turkey is traditionally believed to be the resting place of Noah's Ark.

#### Greece:

- I. Olympic Games: The ancient Olympics, first held in Olympia, Greece, over2,700 years ago, inspired the modern Olympic Games.
- 2. Mediterranean Paradise: Greece boasts approximately 6,000 islands and islets, making it a paradise for islandhopping travelers.
- 3. Olive Oil: Greece is one of the world's largest producers of olive oil, and olive trees have grown in the region for thousands of years.

### **ADDITIONAL RESOURCES**

Lonely Planet – A helpful guide to understanding culture, travel tips, and additional insights.
 Currency Converter – Plan how much money you need to bring in US Currency.
 Passport Application – Don't have a passport yet? Follow the U.S. Department of State's instructions for applying for a passport