

Travel Resources

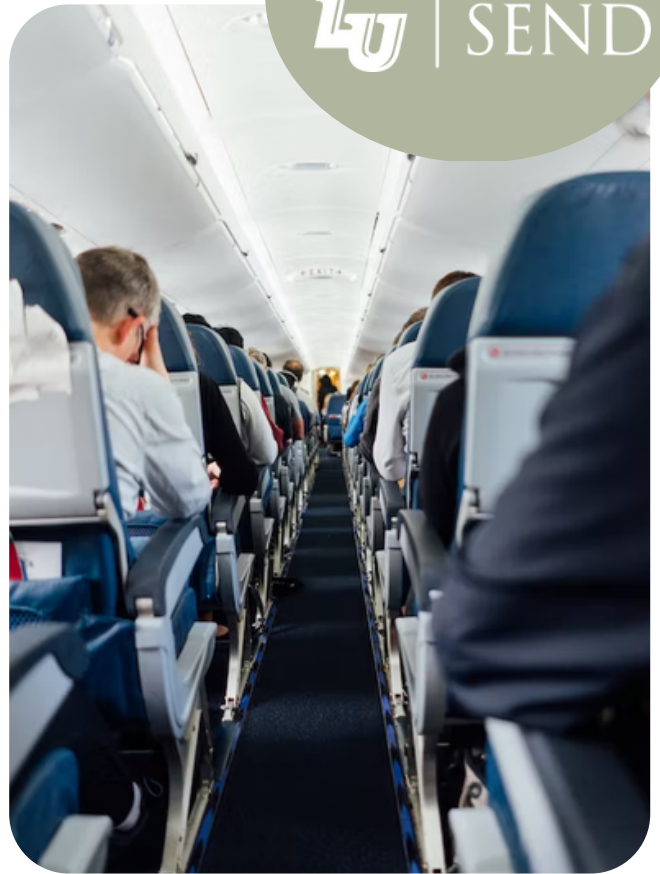
Singapore & Malaysia
School of Behavioral Sciences



International Travel Insurance | Currency & Credit Cards
VAT (Value Added Tax) | Cell Phone Usage | Meals | Internet Access |
Vaccinations Additional Resources | Fun Facts

INTERNATIONAL TRAVEL INSURANCE

International travel insurance is included within your trip costs, covering you from March 4, 2023 through March 15th, 2024. The policy is comprehensive in nature and is used throughout the University for all international travel. If you would like coverage for additional aspects of travel beyond what is highlighted in the policy, please feel free to purchase separate third party insurance as a supplement to what is already provided. For more information on your current coverage email LUSend@liberty.edu



**“WHEREVER YOU GO
BECOMES A PART OF YOU
SOMEHOW.”**

– Anita Desai

CURRENCY & CREDIT CARDS

In Singapore, the Singapore dollar is the country's legal currency. In Malaysia, the unit of currency is Malaysian Ringgit indicated as RM. Major international credit cards are likely accepted in large cities. Local currency can be withdrawn at an ATM with a debit card, but fees will apply.

Make sure to contact your bank a few weeks before departure to alert them to your international travel dates and locations. Keep in mind that fees will be charged for international purchases. Contact your bank for these fees.



VAT

"VAT" stands for value-added tax. The tax is included in the price of the item, so the price you see is the price you pay. In Singapore, the standard VAT rate is 7%. In Malaysia, standard VAT ranges from 9 to 15%.

INTERNET ACCESS

Your hotels and bus may have access to the internet, however, keep in mind that unless you have purchased an international data plan for your phone, access to email, texting, and other Internet-based applications will be subject to Wi-fi availability.

CELL PHONE USAGE

Most cell phone carriers have additional international packages that you can add on at a monthly or daily rate. Depending on the carrier, this can cost anywhere from \$10-\$40 and will provide limited text messages, data usage, and calling minutes.

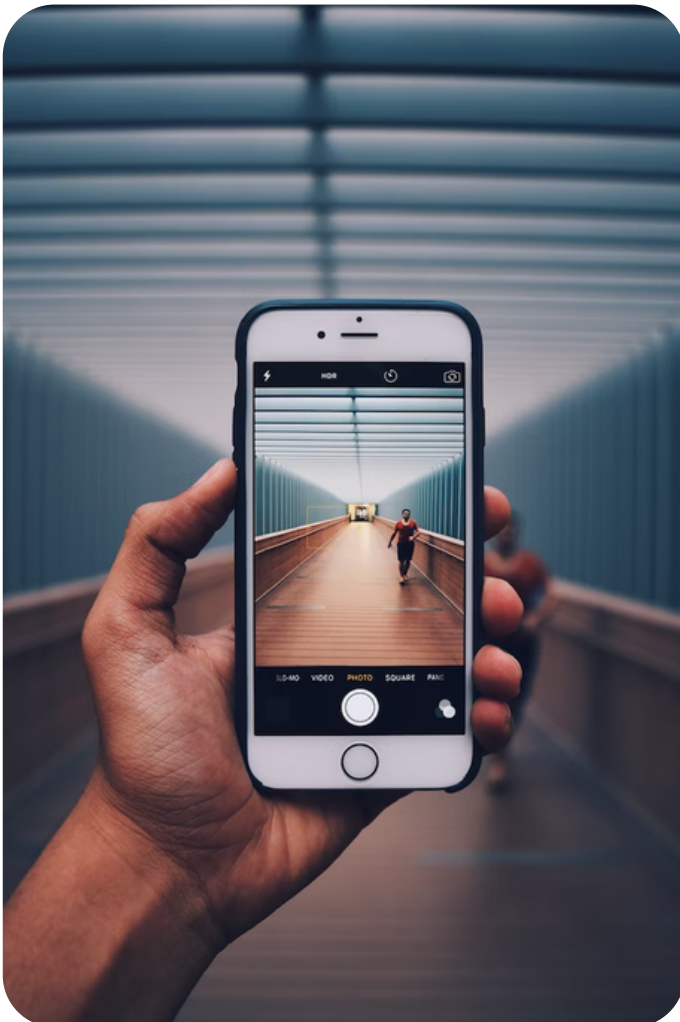
VACCINATIONS

We recommend using resources such as the Center for Disease Control as you consult with your home doctor or other trusted medical sources, in order to make the best possible decision regarding your health. If you reside in the Central Virginia Region, below are local medical offices that you may consider consulting. Keep in mind some vaccinations require a minimum amount of time to take effect before entering another country. Communicate when and where you will be traveling.

Lynchburg Health Department
(434) 947-6785
1900 Thomson Dr. Lynchburg,
24501

Rustburg Family Pharmacy
(434) 332-1730
925 Village Hwy Suite B. Box 1005
Rustburg, VA 24588

Liberty University Health Center
(434) 338-7774
Commons 3 1606 Regents Pkwy



MEALS

Singaporean cuisine is a mixture of Chinese, Malay, Indian, and Eurasian culture. The three pillars of food in Singapore are noodles, rice, seafood. In Singapore, there are food halls called Hawker Centers which houses all the street food you can imagine.

Malay food is strong, spicy and aromatic, combining the rich tastes of the many herbs and spices commonly found in Southeast Asia.

FOOD & DRINK SUGGESTIONS

- Hainanese Chicken Rice
- Chilli Crab
- Laksa
- Barbecued Stingray
- Fish Head Curry
- Oyster Omelet
- Kaya Toast
- Nasi Lemak



*We will try our best to provide a variety of food options for meals but cannot accommodate every dietary preference. For daily touring, it is highly encouraged to bring your own snacks if you believe you will get hungry during the day. Touring will be on a tight schedule, and it's always a good idea to have a snack if we find ourselves running overtime at lunch.

FUN FACTS!

1. Singapore is known as a city that is also a country, but Singapore is not just a single island; it's 64.
2. The Sarawak Cave Chamber in Gunung Mulu National Park is massive, with enough space to hold a good 40-50 Boeing 747s.
3. Singapore's iconic emblem is the Merlion; a mythical creature with a lion's head and a fish's tail.
4. Singapore is home to the Singapore Botanic Gardens which became a UNESCO World Heritage Site which has been around since 1859.
5. Malaysia has one of the world's oldest rainforests, the Taman Negara.
6. All males in Singapore above the age of 18 must serve one to two years in the military.
7. Singapore is also referred to as the Garden City.

ADDITIONAL RESOURCES

- Lonely Planet** – A helpful guide to understanding culture, travel tips, and additional insights.
- Currency Converter** – Plan how much money you need to bring in US Currency.
- Passport Application** – Don't have a passport yet? Follow the U.S. Department of State's instructions for applying for a passport